

# Executing Effective Upstrokes

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## Downstrokes

$\text{♩} - \text{♩} = 150$

The Downstrokes section consists of two systems of notation. The first system features a treble clef staff with a melodic line of eighth notes. Above the staff are square flags indicating downstrokes. The second system is a guitar tablature with two staves labeled 'T' (treble) and 'B' (bass). It shows fret numbers for each string: Treble (3, 3, 4, 4, 5, 5, 6, 6) and Bass (3, 3, 4, 4, 5, 5, 6, 6). The notation is divided into three measures. The first measure contains the first four notes. The second measure contains the next four notes, with a *sim.* (similando) marking above the staff. The third measure contains the final four notes.

## Upstrokes

$\text{♩} - \text{♩} = 150$

The Upstrokes section consists of two systems of notation. The first system features a treble clef staff with a melodic line of eighth notes. Above the staff are 'V' symbols indicating upstrokes. The second system is a guitar tablature with two staves labeled 'T' (treble) and 'B' (bass). It shows fret numbers for each string: Treble (3, 3, 4, 4, 5, 5, 6, 6) and Bass (3, 3, 4, 4, 5, 5, 6, 6). The notation is divided into three measures. The first measure contains the first four notes. The second measure contains the next four notes, with a *sim.* (similando) marking above the staff. The third measure contains the final four notes.

## Alternate Picking

$\text{♩} - \text{♩} = 150$

The Alternate Picking section consists of two systems of notation. The first system features a treble clef staff with a melodic line of eighth notes. Above the staff are square flags and 'V' symbols indicating alternating downstrokes and upstrokes. The second system is a guitar tablature with two staves labeled 'T' (treble) and 'B' (bass). It shows fret numbers for each string: Treble (3, 3, 4, 4, 5, 5, 6, 6) and Bass (3, 3, 4, 4, 5, 5, 6, 6). The notation is divided into three measures. The first measure contains the first four notes. The second measure contains the next four notes, with a *sim.* (similando) marking above the staff. The third measure contains the final four notes.